

Saturday, Stand Alone – Presentations

12:15 – 1 :00 p.m.

Title: The Inside Scoop on How to Land a TEDx Talk and a Few Timely Tips – Dr Manal Fakhoury

Description: A TEDx talk should be the talk of your life and must have an idea and not simply a motivational talk. An excellent TEDx talk can go viral and catapult a career or idea. Ideas that spread win! This workshop will help you do just that – catapult your next speech to heights you've only dream.

3:00 – 3:45 p.m.

Title: Why You Are Not Happy – Dr. Carlos Garcia

Description: This workshop discusses the human tendency to seek happiness and why this approach often gets us nowhere. As a psychologist and expert in human behavior, I will explain the process of finding joy from within vs trying to find happiness by seeking external validation. As a therapist, I see too many people getting trapped in the illusion of happiness which ends up creating suffering, depression, and anxiety. But through the process of learning about our past and how we have been programmed to think and feel, we can start to release old narratives in order to find true joy and contentment.

Saturday Workshops

9:00 – 9:45 a.m.

Title: The Art of Appreciation – Mimi Tran

Description: In a world where connection and understanding are paramount, learning the art of appreciation through the lens of the 5 Love Languages can bring transformative changes to our personal and professional relationships. Join this session for an engaging and insightful session as we delve into the intricacies of expressing love, care, and gratitude in ways that resonate with others.

Title: Return the Balance - Try Diverse Topics, You Must – Sherry Johnson

Description: Do you remember those early days when everything in Toastmasters was new and different? Every Table Topic was a challenge and you wished they could go on forever? Return the balance to your meetings by trying out Diverse, or Alternative Meeting Topics. Our Club has experimented with almost a dozen diverse, or alternative meeting topics. Experience them first-hand and learn how to facilitate them at your meetings.

Title: Marketing and the Law – Christy Maldonado

Description: Stay out of the trenches when it comes to Marketing for your business. This informative discussion will enable you to market your business successfully while staying in compliance with the law.

Title: To Podcast or Not – Gale West, DTM

Description: Creating a Podcast is an Elective Project on your Pathways journey. It's a fun, informative experience. You have an opportunity to meet lots of interesting people when you share your passion for a specific topic. You can provide your podcast to friends, or broadcast it to a global community. You can make a positive impact on your listeners.

Sunday Workshops

9:45 – 10:15 a.m.

Title: Ideas for the Future – John Christ, MD, PhD, DTM

Description: Everyone has a story. Many do not know how to get their ideas published with little or no cost. This presentation introduces the way to easily publish an e-book, paperback and audiobook using tools provided by Amazon.com. The process I call the Amazon trifecta because the followers of the system can win what they seek.

Title: The Art of Evaluations-using the Bob Turel sandwich method. – Jeff Thomas, DTM

Description: Jeff Thomas - This is a one-of-a-kind opportunity to focus on the Art of Evaluations. I would teach you the proven method of giving a proper evaluation to our club members. It doesn't matter if you're a new Toastmaster, DTM or a long-time Toastmaster - everyone can learn from giving honest feedback to help the speaker.

Title: SMAC (Sponsors, Mentors, And Coaches) Training – Tim McDearmon, MA, PMP, CSM, AWS CPP, HRIP, ITIL, DTM

Description: The SMAC (Sponsors, Mentors, And Coaches) Training. What are they? What do they do? Why do we need them? What will you gain from performing these roles? While there is a common thread to all three, they are uniquely different and serve very different needs!